

St. Lawrence Herald

March 2017 edition



“So far, what was your most rewarding moment in your teaching career?”

“Probably when they come back after middle or high school, or even when they are grown up! I love hearing that I helped them as students,” she replied.

By: Emma Roberts

Meet Mrs. Lathrop!

This month Mrs. Lathrop was interviewed.

“How many grades did you teach?”

“Well, I taught many grades, including sixth and fifth. I taught fourth, seventh, and eighth!” Mrs. Lathrop laughed.

“What hobbies do you have?”

“I love to read, cook, and camp with my family,” Mrs. Lathrop said with a smile.

“Who inspires you?”

“The teachers that I had. And the kids! I learn as much from them as they learn from me,” She explained.

And in Other News...

Trump’s Plan to Make America Great



Trump had a speech on February 28, 2017. In Trump's speech, he talked about Obamacare. He mentioned that he will repeal and replace Obamacare. When he said this, half of the audience applauded, while the other half didn't. He also mentioned rebuilding America. He said, “We have seen the attacks in France, in Belgium, in Germany, and all over the

St. Lawrence Herald

world. This cannot happen. We need to get rid of terrorism.” Donald Trump also brought up the wall. “We need to stop illegal immigration from Mexico to America.” Trump’s speech gave us a glance of his plans for his presidency.

By Alex Strebenis

Seneca Park Zoo

Seneca Park Zoo is a great place for both kids and adults to go to interact and learn about all different kinds of animals. From lions to penguins, the zoo has lots to offer for kids ready to learn something new. New animals are coming all the time, so there is always something new to see whenever you go.

During the winter months, Seneca Park Zoo is still open. The only animals you won’t see are the penguins. This is because the average temperature ranges between the mid-30s to high 80s in their natural habitat, so the penguins are at risk of getting frostbite. As for the polar bears and Amur tigers, the long and cold Rochester winters are great. For the other animals, an assessment of supplies, such as working heaters, high-low thermometers, and extra bedding, are taken into account to keep the animals safe and warm.

During the summer and winter months of the year, the animals at Seneca Park Zoo are happy and content. If you decide to pay a visit to the zoo, try and learn something new about some of your favorite animals!

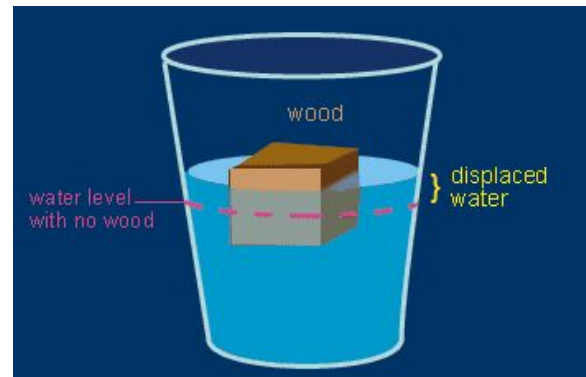
By Paige Bennett

Something Traditional Became So Popular

Every year on the Saturday before St Patrick's Day, an annual parade is held in Downtown Rochester. Each year, our school is allowed to march in it. I have done it every year since we could. Last year, the news predicted it would be 30°F but it turned out to be 70°F ! This year it was 20°F so the Diocese canceled the march for all Catholic Schools. We look forward to seeing you next year at the parade!

By Nadia Dabrownny

Buoyancy



In 3rd grade, the students are learning about buoyancy. Buoyancy is the ability to float in water or air. Some of the experiments they have done are dropping objects such as rocks, golf balls, plastic cubes, and clay balls into a bowl filled to the top with water. The water that splashed out went into a catch bowl. The water that was in the catch bowl was poured into a graduated cylinder and they measured how much water came out. The largest amount of water that came out was more than 50 millimeters and that was from a golf ball.

Another experiment they did was dropping objects such as a styrofoam ball, a

St. Lawrence Herald

clay ball, and a rubber ball into a bucket of water. The class predicted the styrofoam ball would float and the clay ball would sink. The class didn't know what the rubber ball would do. It did not float or sink, it was half and half. Half of the rubber ball was under the water and the other half of the rubber ball was above the water. The experiments were very fun. I would like to do them again.

By Lauren McLaren

Author's Corner

The Land of Stories: The Enchantress Returns

Conner and Alex Bailey are turning 13 years old and they just got back from exploring The Land of Stories for the first time. They are stuck at home and just figured out that their mother was taken. The twins are being watched by a fairy named Xthounas. One day, they get a letter from their grandmother (aka the Fairy Godmother). Xthounas had to leave and Mother Goose stepped in for him. The night after, Alex snuck away and Conner found her at their grandmother's cottage. They went into the cottage and saw a picture of a pond. They flooded the cottage by touching the frame.

The twins looked around them and saw they were in the Land of Stories! Alex and Conner reunite with their old friends, Jack, Goldilocks, Red, Froggy, and all of the Kings and Queens. They team up to stop the evil Enchantress! Do they? Do they find and save the twins' mother? Read the book and find out! This is the second of a series. Read the first one then, you can read this one next!

By: Haley Bennett

St. Lawrence

Students

Teachers

Laughter

Awesome

Wonderful

Religion

Enrichment

Newspaper

Church

Education



By Robert Lann

The Latest and Greatest!

3D Printers

The 3D Printer is getting more popular by the minute. People all around the world are starting to make amazing objects. When creating your desired object, the object is created by laying down successive layers of material until it's created. Each of these layers can be seen as thinly sliced horizontal cross-sections of an eventual object. It all starts with making a virtual design of the object you want to create. 3D scanners use different technologies to generate a 3D model.

Recently companies like Microsoft and Google enabled their hardware to perform 3D scanning, such as Microsoft's Kinect. In the near future, digitizing real objects into 3D models will become as easy as taking a picture. Future versions of

St. Lawrence Herald

smartphones will probably have integrated 3D scanners.

Currently, prices of 3D scanners range from expensive professional industrial devices to 30 dollar DIY scanners anyone can make at home. 3D printers are getting more popular by the minute. Maybe one day you could own your very own!

By: Leslie Phan

Healthy Eating

In your life you need to be healthy. You can be healthy by exercising and eating foods that are good for you. There are five food groups that you can use to plan a good diet. They are fruits, vegetables, grains, protein, and dairy. Many people may not even know what are in these food groups. This could make it hard for them to have a healthy diet.

In this graph there are several types of foods that are in each group.

<p style="text-align: center;">Fruit</p> <p>Any fruit that's fresh, canned, frozen, or dried/dehydrated is part of the fruit group. Even 100% fruit juice is part of the fruit group. For example strawberries, dried bananas and canned peaches are all fruit.</p>
<p style="text-align: center;">Vegetables</p> <p>Any vegetable that's raw, cooked, fresh, frozen, canned, or dried/dehydrated is part of the vegetable group. For example, carrots, celery, and cooked broccoli are all vegetables.</p>
<p style="text-align: center;">Grains</p> <p>Any foods with wheat, rice, oats, cornmeal, or barley are part of the grain group. For example, bread, pasta, and</p>

oatmeal are all grains.

Protein

Meat, poultry, seafood, beans, peas, eggs processed soy products, nuts, and seeds are all part of the protein group. For example, chicken, salmon, and green beans are all protein.

Dairy

Any milk products are in the dairy group. Foods made from milk, that is fat-free or low-fat, are also in this group. Foods such as cream cheese, cream, and butter that have little to no calcium are not in this group. For example, yogurt, milk, and even ice cream are dairy.

By eating these foods you can earn many benefits! Fruits and vegetables can reduce the risk of heart disease including heart attacks and strokes. They can also reduce the risk of cancers, obesity and type 2 diabetes. These two groups can lower calorie intake as well. Grains can also reduce the risk of heart disease. Whole grains can help with weight management. Protein helps to build many functions needed in the body. Dairy improves bone health and reduces the risk of cardiovascular disease.

By learning what a healthy diet looks like, what is in each food group, and different health benefits, we can have a fun and safe life! For more information on healthy eating visit choosemyplate.gov.

By: Madison Wegman

I need some help!

Ask Maddie Strauss

St. Lawrence Herald

My friend's birthday is coming up and I don't know what to get her. How should I choose a gift?

You should ask your friend's mom what you should get her. If she doesn't know what she wants, then try asking your friend.

I'm really nervous about the NYS tests. What can I do to not be so nervous?

You should just try your best. If you are still nervous, you should ask your parents or teacher for ideas to make you less nervous.

I want to participate in Run for the Young but I'm not a good runner. Should I still do it? What if people laugh at me?

You should still try it. If you want to get better at running, then practice. If people laugh at you, then you should talk to your teacher about it.

This month, many (or a few) years ago....

The Love Bug

On March 13, 1969, *The Love Bug*, a popular Disney movie, was released. Disney's top director, Robert Stevenson, was the director of *The Love Bug*. A 1963 Volkswagen racing beetle named Herbie is the star, along with the popular movie stars Dean Jones, Michele Lee, David Tomlinson, and Buddy Hackett. It was the highest grossing film of 1969 with a running time of 108 minutes. This movie cost \$5 million to make, but the company made a profit of \$51,264,000.

This movie is about a derby racer named Jim Douglas who has no luck when it come to racing. He lives with his friend in an old firehouse. His friend makes art out of spare car parts. When Jim notices that he doesn't have a car, he goes into town and looks for a cheap one. As he looks he finds a salesman kicking a white 1963 Volkswagen racing beetle. Watch the movie to find out what happens!



By Dominic DiLettera

What's new in the Catholic Community?

The Lenten Season

As Catholics, we go through the Lenten season. Lent is a time of reflection and repentance. It is a season when we grow closer to God. There are many ways we can do this. Catholics typically give up or fast from something during this time. If you are fourteen years or older, you must fast from meat every Friday until Lent is over. Many people also give up something that is

St. Lawrence Herald

their favorite or tempting for them to have. As a fasting custom, many people have one large meal and two smaller meals a day. All this fasting and prayer is done in remembrance and reflection of Jesus' fasting in the wilderness.

The Lenten season consists of about forty days. Ash Wednesday starts the Lenten season. Easter Sunday is when Lent ends. All through Lent, we wait and prepare for Jesus to rise on Easter. Easter is the start of new life and new beginnings. It is a time of rebirth and renewal. At Easter, the baptized renew their new life in Christ. It is a time of celebration, for the Lord has Risen. During Lent, we live simple lives in prayer, and fast to grow closer to God in waiting for Jesus to rise.

By: Sydney Horn

Riddle Me This with Dominic Sansone

Try to see if you can solve some of these math riddles. The answers will be posted in April's edition.

1. Three guys rent a hotel room for the night. When they get to the hotel, they pay a \$30 fee, then they go up to their room. Soon the bellhop brings up their bags and give the lawyers back \$5 because of a special discount. So the three lawyers each decide to each keep \$1 out of the \$5 and to give the bellhop a \$2 dollar tip. However, when they sat down to tally up

expenses for the weekend they couldn't explain the following details: Each one of them had originally paid \$10 toward the original \$30, then got back a dollar which meant that each paid \$9. Then they gave the bellhop a \$2 dollar tip, however $3 \times 9 + 2 = 29$. The guys couldn't figure out what happened to the other dollar. After all, the three paid out \$30 but could only account for \$29. Where did the extra dollar go?

2. Last year, the 8 children in a beginners horseback riding group were 7, 9, and 10 years old. The mode of the ages was 10, and the mean was 9. There was an equal number of 7 year olds and 9 year olds. How many of the children are there of each age?

Answers to March's math riddles:

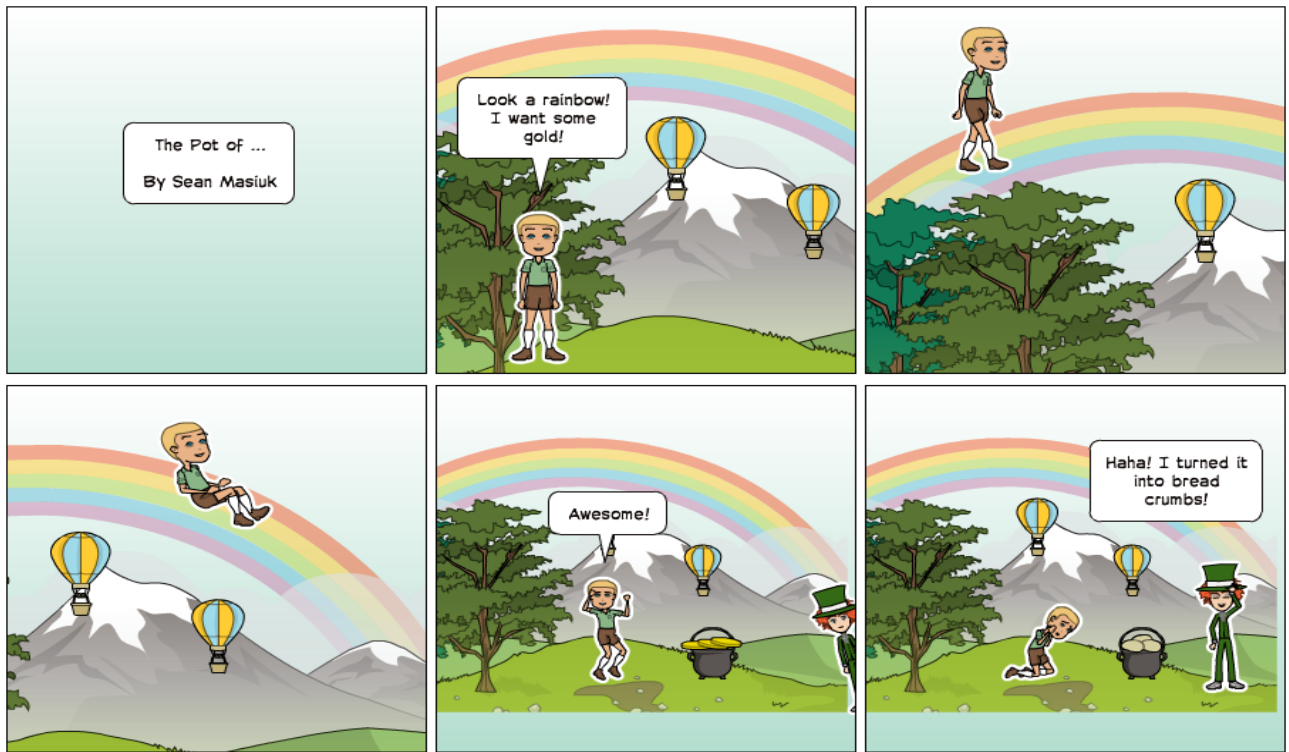
1. 4
2. 1, 2, and 3
3. 9
4. Because the group comprises of a grandfather, his son, and his son's son - hence just 3 people!

L.O.L.

St. Lawrence Herald

The Pot of ...

by Sara Collom

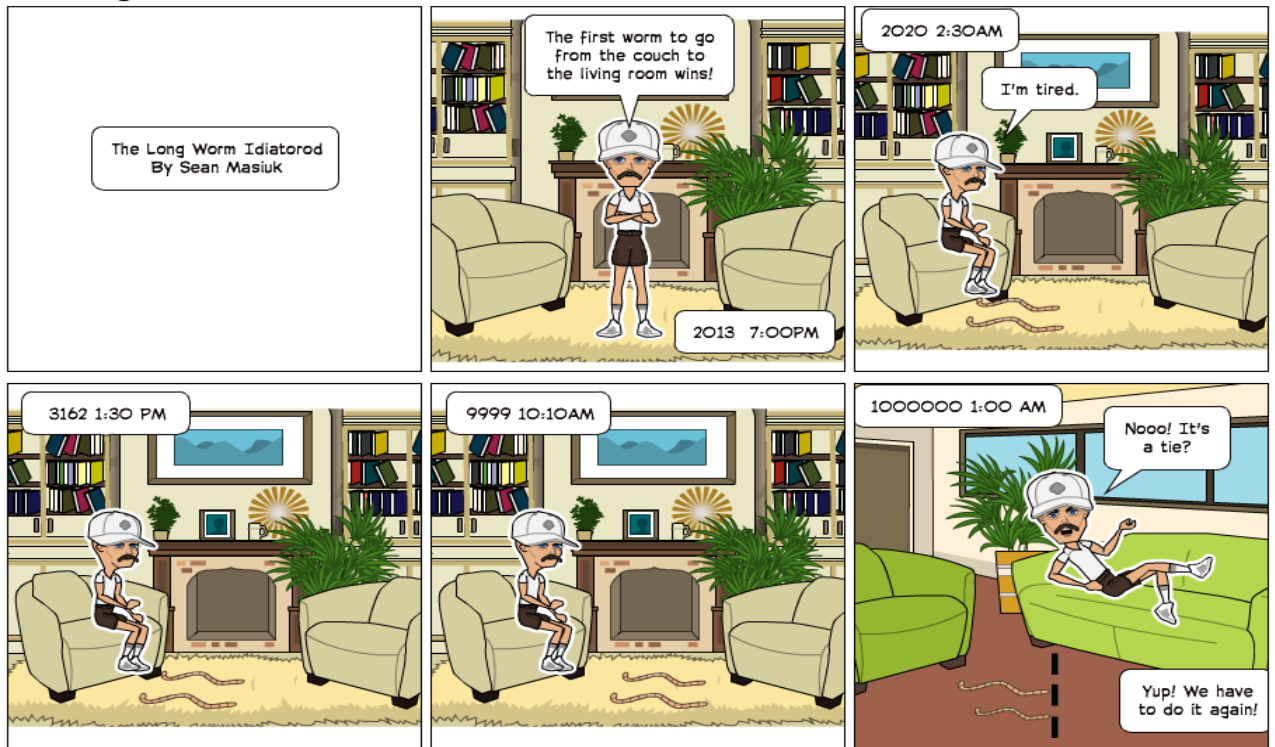


PIXTON

MADE AT PIXTON.COM

The Long Worm Iditarod

by Sara Collom



PIXTON

MADE AT PIXTON.COM